







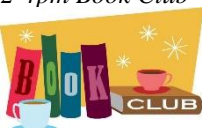


# August 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3</b> <i>Stat Holiday</i></p> <p><i>Club closed all day</i></p>	<p><b>4</b> 9:00-10:00am Member Appointments</p> <p>11:00-12:00pm Member Appointments</p> <p>2:30-3:30pm Member Appointments</p>	<p><b>5</b> 11:00 Peer Support on Zoom</p> <p>1:00 Art of Friendship on Zoom</p>	<p><b>6</b> 9:00-10:00am Member Appointments</p> <p>11:00-12:00pm Member Appointments</p> <p>2:30-3:30pm Member Appointments</p>	<p><b>7</b> 9:00-10:00am Member Appointments</p> <p>11:00-12:00pm Member Appointments</p> <p>2:30-3:30pm Member Appointments</p>
<p><b>10</b> 9:00-10:00am Member Appointments</p> <p>11:00-12:00pm Member Appointments</p> <p>2:30-3:30pm Member Appointments</p>	<p><b>11</b> 9:00-10:00am Member Appointments</p> <p>11:00-12:00pm Member Appointments</p> <p>2:30-3:30pm Member Appointments</p>	<p><b>12</b> 10-12pm Fun and Games</p>  <p>11:00 Peer Support on Zoom</p> <p>1:00 Art of Friendship on Zoom</p>	<p><b>13</b> 10-12pm Member Appointments</p> <p>2-4pm Member Appointments</p>	<p><b>14</b> 10-12pm Crafts</p>  <p>2-4pm Movie Time</p>
<p><b>17</b> 10-12pm Mindful Mondays</p> <p>2-4pm Book Club</p> 	<p><b>18</b> 10-12pm Member Appointments</p> <p>2-4pm Member Appointments</p>	<p><b>19</b> 10-12pm Crafts</p>  <p>11:00 Peer Support on Zoom</p> <p>1:00 Art of Friendship on Zoom</p>	<p><b>20</b> 10-12pm Member Appointments</p> <p>2-4pm Member Appointments</p>	<p><b>21</b> 10-12pm Fun and Games</p>  <p>2-4pm Movie Time</p>
<p><b>24</b> 10-12pm Mindful Mondays</p> <p>2-4pm Book Club</p> 	<p><b>25</b> 10-12pm Member Appointments</p> <p>2-4pm Member Appointments</p>	<p><b>26</b> 10-12pm Fun and Games</p>  <p>11:00 Peer Support on Zoom</p> <p>1:00 Art of Friendship on Zoom</p>	<p><b>27</b> 10-12pm Member Appointments</p> <p>2-4pm Member Appointments</p>	<p><b>28</b> 10-12pm Crafts</p>  <p>2-4pm Movie Time</p>
<p><b>31</b> 10-12pm Mindful Mondays</p> <p>2-4pm Book Club</p> 	<p>Please note that we are still restricted to the number of people allowed in the building at one time, so we ask that you call 306-525-9543 to book an appointment.</p> <p>If you would like to participate in an activity listed on the calendar or if you just want to visit, we would love to see you! 😊</p>			

## WHAT'S GOING ON in August at the Members' Club

**Fun and Games:** Wed August 12, 10-12pm - Pictionary, Riddles, Hangman

**Crafts:** Fri August 14, 10-12pm -Tealight holders

**Movie Time:** Fri August 14, 2-4pm - Marvel movie

**Mindful Mondays:** Mon August 17, 10-12pm - Positive Pals word search, Mindful colouring, 30 min meditation with Karmin

**Book Club:** Mon August 17, 2-4pm

**Crafts:** Wed August 19, 10-12pm - Painting on a canvas

**Fun and Games:** Fri August 21, 10-12pm - Charades, Pictionary, Life size Yahtzee

**Movie Time:** Fri August 21, 2-4pm - Marvel movie

**Mindful Mondays:** Mon August 24, 10-12pm - 30 min meditation with Karmin, Mindful colouring

**Book Club:** Mon August 24, 2-4pm

**Fun and Games:** Wed August 26, 10-12pm Video riddles, Hangman, Life size Yahtzee

**Crafts:** Fri August 28, 10-12pm

**Movie Time:** Fri August 28, 2-4pm - Marvel movie

**30 min Mediation with Karmin:** Mon August 31 10-12pm - Mindful videos and artwork

**Book Club:** Mon August 31 2-4 pm

Please note that we are still restricted to the number of people allowed in the building at one time, so we ask that you call 306-525-9543 to book an appointment.

If you would like to participate in an activity listed on the calendar or if you just want to visit, we would love to see you! 😊