

Preparing for an interview

Have a professional outfit picked out	<ul style="list-style-type: none">• Examples of professional clothing include dress pants, blouse/dress shirt, blazer.• If you wear make up, ensure that it is casual and neutral.
Be familiar with the job you are applying for	<ul style="list-style-type: none">• Do some research about the agency. What are their objectives?• Be familiar with the job description of the job you are applying for.
Prepare a list of questions for your interviewer	<ul style="list-style-type: none">• If you have any questions about the employer, the position you are applying for, write them down so you remember to ask them in the interview.
Print off copies of your cover letter, resume and reference page.	<ul style="list-style-type: none">• Bringing in copies for your interviewer shows excellent organizational skills. It is essential to bring a copy of your reference page to the interview.
Go over commonly asked interview questions	<ul style="list-style-type: none">• Please see link below for examples of commonly asked interview questions https://ca.indeed.com/career-advice/interviewing/interview-questions (Indeed, n.d)
Know your transferable skills	<ul style="list-style-type: none">• How does your experience from other jobs relate to the one you are applying for?• Be prepared to answer scenario questions based on your experiences.
Try to relax	<ul style="list-style-type: none">• Engage in some self care.• Prepare yourself mentally for the interview!

Connect with your community

If you are a female CMHA member and need interview clothing, please contact our Vocational Coordinator at (306) 525-9543 ext 105 for a referral to Dress for Success!

References

Indeed. (n.d.). *Career Guide*. 17 Interview Tips to Help You Get the Job. <https://ca.indeed.com/career-advice/interviewing/interview-tips>

Indeed. (n.d) 19 Commonly Asked Interview Questions and Answers. <https://ca.indeed.com/career-advice/interviewing/interview-questions>