

Please note our plan is to stay open, however, this could change at a moment's notice due to Public Health Orders to close or reduce our services

August 2022

Open from 9:00am to 4:00pm Monday to Friday

Mask wearing, and hand sanitizing are still in place to ensure everyone's safety.

Sit Down Lunches Served Monday to Friday 11:30am and 12:00pm only for a small fee

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|--|
| 1 Stat Holiday Members Club Closed for the Day | 2 9-12pm: Members Visits & Games 10:00am: Walk in Wascana - sign up 3:00pm: Ice Cream | 3 9-12pm: Members Visits & Games 10:00: Farmers Market 2-4pm: Documentary 2-4pm: Community Kitchen - sign up | 4 9-12pm: Members Visits & Games 12pm: Wascana Boat Tour 9:15am: Pet Therapy 1:30pm: Movie 2-3pm: Zoom Peer Support | 5 9-12pm: Members Visits & Games 9:00: Golfing - sign up 2-4pm: Bingo & Pool |
| 8 9-12pm: Crafts & Pool 2-4pm: Members Visits & Games 2-4pm: Bingo & Pool | 9 9-12pm: Members Visits & Games 10:00am: Walk in Wascana - sign up 3:00pm: Ice Cream | 10 9-12pm: Games & Pool 10:00: Farmers Market <hr/> Members Club is closed for the afternoon (For Staff Meeting) | 11 9-12pm: Members Visits & Games 1:30pm: Movie 2-3pm: Zoom Peer Support | 12 9-12pm: Members Visits & Games 2-4pm: Bingo & Pool |
| 15 9-12pm: Crafts & Pool 2-4pm: Bingo & Pool | 16 9-12pm: Members Visits & Games 10:00am: Walk in Wascana - sign up 3:00pm: Ice Cream | 17 9-12: Games & Pool 10:00: Farmers Market 2-4pm: Documentary 2-4pm: Community Kitchen - sign up | 18 9-12pm: Members Visits & Games 9:15am: Pet Therapy with Margie & Taffy 1:30pm: Movie | 19 9-12pm: Members Visits & Games 2-4pm: Bingo & Pool |
| 22 9-12pm: Crafts & Pool 2-4pm: Bingo & Pool | 23 9-12pm: Members Visits & Games 10:00am: Walk in Wascana - sign up 3:00pm: Ice Cream | 24 9-12: Games & Pool 10:00: Farmers Market 2-4pm: Documentary | 25 9-12pm: Members Visits & Games 1:30pm: Movie | 26 9-12pm: Members Visits & Games 2-4pm: Bingo & Pool |
| 29 9-12pm: Crafts & Pool 2-4pm: Bingo & Pool | 30 9-12pm: Members Visits & Games 10:00am: Walk in Wascana - sign up 3:00pm: Ice Cream | 31 9-12: Games & Pool 10:00: Farmers Market 2-4pm: Documentary 2-4pm: Community Kitchen - sign up | | |

WHAT'S GOING ON in August at the Members' Club

Our hours are 9:00am to 4:00pm Monday to Friday. We are no longer closed over the lunch hour.

Sit Down lunches are now being served Monday to Friday with 2 sittings per day: 11:30am and 12:00pm only with a maximum of 20 people per sitting. A fee of \$0.25 cents per meal resumes as before. Members in approved homes will be able to purchase a meal for \$5.00. If you wish to purchase a lunch card, please see staff.

Crafts: Monday mornings from 9:00 to 12:00am. Join us this month for Summer crafts.

Walks in Wascana Tuesdays at 10:00am: Sign up required. Maximum 4 people. The club will drive members to the park, or you are welcome to meet us there.

Tuesday join us for **Ice Cream treats** at 2:45pm.

Farmers Market Wednesday at 10am: We will explore the charm of our community & local vendors.

Wednesday Documentaries: from 2:00pm to 3:00pm

Wednesday Community Kitchen: from 2:00pm to 4:00pm on the 3rd, 10th, 17th and 31st – sign up one session per month. Maximum 4 members for each cooking session.

Thursdays: August 4th and August 18th **Pet Therapy with Margie and Taffy** at 9:15am.

Thursday Movies: with a **new start time of 1:30pm**

Golf Friday August 5th at 9:30am. Sign up required, Maximum 4 members. We will be leaving the club at 9:00am.

Tuesday **Bingo has moved** to **Monday** afternoons from 2:00 to 4:00pm.

Friday Bingo continues from 2:00pm to 4:00pm.

Thursday August 4th, 2022 @ 12:00pm - The Members Club will be taking a private **Ferry Boat Tour around Wascana Lake**. Join us for a 30 minute guided tour where we'll learn Wascana Lake history and check out the monuments around Wascana Centre. Life jackets will be provided.

August 1st Club will be closed for Saskatchewan Day STAT holiday.

Our Peer Support Zoom resumes and is offered on Thursday August 4th and August 11th.

VIRTUAL GROUPS: Recorded Relaxation with Karmin: Take a moment for yourself and listen to this audio recording to help you relax. **Relaxation.mp3** The link is also provided on our website.

"Writing for Your Life" is a peer lead group facilitated by Lyn. They are welcoming new participants! This creative writing group is currently focusing on freewriting and then discussion. They meet by phone on a three-way call, via SaskTel, every second and fourth Saturday of the month at 2:00 p.m. If you are interested in joining or learning more about WFYL please let staff know and we will link you to the facilitator of the group for more information.

COMMUNITY EVENTS BOARD: Check out information posted in the Club on what's free and fun around town.

Please note that mask wearing, and hand sanitizing are still in place to ensure everyone's safety. Thank you so much for your continued support and patience as we transition to our slow, steady and cautious reopening!